FSSA WEEK 2026-2027

Monday, 16 November 2026 to Saturday, 28 November 2026

Foundation Center - I

Event	Distance/ Weight	Date	Timing	Class
Building Blocks	...	20-11-2026	9.30 am to 10.55 am	**Nursery**
Running Race	15 m	23-11-2026	9.30 am to 10.55 am	
Stringing Beads	...	23-11-2026	9.30 am to 10.55 am	
Collect the Balls	10 m	24-11-2026	9.30 am to 10.55 am	
Collect the Things	20 m	17-11-2026	11.00 am to 12.30 pm	**L.Kg**
Running Race	20 m	20-11-2026	9.30 am to 10.55 am	
Reach the Target	20 m	23-11-2026	9.30 am to 10.55 am	
Hop and Drop	05 m	24-11-2026	9.30 am to 10.55 am	
Filling Water in a Bottle	05 m	17-11-2026	1.00 pm to 2.30 pm	**U.Kg**
Mat Race	10 m	20-11-2026	9.30 am to 10.55 am	
Collect the Rings	15 m	23-11-2026	9.30 am to 10.55 am	
Running Race	30 m	24-11-2026	9.30 am to 10.55 am	

FSSA WEEK 2026-2027

Monday, 16 November 2026 to Saturday, 28 November 2026

Foundation Center - II

Running Race	50 m	17-11-2026	9.30 am to 10.55 am	**I**
Dog And The Bone (Group)	…	20-11-2026	1.00 pm to 2.30 pm	
Ball Collecting (Group)	25 m	23-11-2026	11.00 am to 12.30 pm	
Hoops Up & Down	30 m	24-11-2026	11.00 am to 12.30 pm	
Running Race	50 m	17-11-2026	9.30 am to 10.55 am	**II**
Batton Pass Relay(Group)	15 m	20-11-2026	1.00 pm to 2.30 pm	
Hoops On the Circle (Group)	20 m	23-11-2026	11.00 am to 12.30 pm	
Single leg Hopping Race	30 m	24-11-2026	11.00 am to 12.30 pm	
Running Race	75 m	17-11-2026	11.00 am to 12.30 pm	**III**
Carrom	…	18-11-2026	1.00 pm to 2.30 pm	
Shuttle Run Race	20 m	20-11-2026	11.00 am to 12.30 pm	
Hurdles Race	30 m	23-11-2026	11.00 am to 12.30 pm	
Dodge Ball (Group)	…	24-11-2026	11.00 am to 12.30 pm	
Football (Tiger Five)	…	16-11-2026	10.30 am to 2.30 pm	**IV**
Running Race	75 m	17-11-2026	11.00 am to 12.30 pm	
Kangaroo Race	30 m	20-11-2026	11.00 am to 12.30 pm	
Lagori (Group)	…	20-11-2026	1.00 am to 2.30 pm	
Chess		23-11-2026	1.00 am to 2.30 pm	

FSSA WEEK 2026-2027

Monday, 16 November 2026 to Saturday, 28 November 2026

Realization Center - I

Event	Distance/ Weight	Date	Timing	Classes
Medicine Ball Throw	1 kg & 2 kg	17-11-2026	1.00 pm to 2.30 pm **(V)** 2.30 pm to 4.00 pm **(VI)**	**V & VI Under-12**
Running Race	100 m	18-11-2026	9.30 am to 10.55 am	
Skipping Race	50 m	19-11-2026	9.30 am to 10.55 am	
Chess	…	19-11-2026	1.00 pm to 2.30 pm **(V)** 2.30 pm to 4.00 pm **(VI)**	
Badminton	…	19-11-2026	1.00 pm to 2.30 pm **(V)** 2.30 pm to 4.00 pm **(VI)**	

Realization Center - II

Running Race	200 m	16-11-2026	10.30 am to 11.30 am	**VII & VIII Under-14**
Shot Put	3 kg & 4 kg	16-11-2026	1.00 pm to 2.30 pm	
Running Race	100 m	18-11-2026	11.00 am to 12.30 pm	
Running Race	400 m	19-11-2026	11.00 am to 12.30 pm	
Long Jump	…	20-11-2026	11.00 am to 12.30 pm	
Chess	…	21-11-2026	9.30 am to 12.30 pm	
Badminton	…	21-11-2026	9.30 am to 12.30 pm	

FSSA WEEK 2026-2027

Monday, 16 November 2026 to Saturday, 28 November 2026

War Zone				
Running Race	200 m	16-11-2026	11.30 am to 12.30 pm	**IX and X Under-17**
Shot Put	3 Kg & 5 kg	16-11-2026	2.30 pm to 4.00 pm	
Running Race	100 m	18-11-2026	11.00 am to 12.30 pm	
Discus Throw	1 kg & 1.5 kg	18-11-2026	2.30 pm to 4.00 pm	
Chess	…	18-11-2026	2.30 pm to 4.00 pm	
Running Race	400 m	19-11-2026	9.30 am to 10.55 am	
Long Jump	…	20-11-2026	2.30 pm to 4.00 pm	
Badminton	-	21-11-2026	1.30 pm to 4.00 pm	
Finals				
Boys & Girls	Relay 4 X 100 m	25-11-2026	10.30 am to 11.00 am	**Under 12,14,17**
Team Games				
Basketball Girls & Boys		26-11-2026		**Under 14,17**
Hockey - Girls & Boys		26-11-2026		**Under 17**
Football - Boys		26-11-2026		**Under 12, 14,17**
Football - Girls		26-11-2026		**Under 17**
Kabaddi - Girls & Boys		27-11-2026 and 28-11-2026		**Under 17**
Tug Of War - Girls & Boys		23-11-2026	2.30 pm to 4.00 pm	**Under 17**

Note: Kabaddi Weight:
Under 17 boys: below 65kg.
Under 17 Girls: below 60kg.