FSSA WEEK 2026-2027				
Monday, 16 November 2026 to Saturday, 28 November 2026				
Event	**Distance/ Weight**	**Date**	**Timing**	**Class**
Foundation Center - I				
Collect the Balls	10 m			**Nursery**
Building Blocks	...			
Running Race	15 m			
Stringing Beads	...			
Collect the Things	20 m			**L.Kg**
Running Race	20 m			
Reach the Target	20 m			
Hop and Drop	05 m			
Filling Water in a Bottle	05 m			**U.Kg**
Mat Race	10 m			
Collect the Rings	15 m			
Running Race	30 m			
Foundation Center - II				
Running Race	50 m			**I**
Dog And The Bone (Group)	...			
Ball Collecting (Group)	25 m			
Hoops Up & Down	30 m			
Running Race	50 m			**II**
Batton Pass Relay(Group)	15 m			
Hoops On the Circle(Group)	20 m			
Single leg Hopping Race	30 m			

FSSA WEEK 2026-2027				
Monday, 16 November 2026 to Saturday, 28 November 2026				
Event	**Distance/ Weight**	**Date**	**Timing**	**Class**
Running Race	75 m			**III**
Shuttle Run Race	20 m			
Hurdles Race	30 m			
Carrom	...			
Dodge Ball (Group)	...			
Running Race	75 m			**IV**
Kangaroo Race	30 m			
Football (Tiger Five)	...			
Chess				
Lagori (Group)	...			
Realization Center - I				
Event	**Distance/ Weight**	**Date**	**Timing**	**Classes**
Running Race	100 m			**V & VI Under-12**
Medicine Ball Throw	1 kg & 2 kg			
Skipping Race	50 m			
Chess	...			
Badminton	...			
Realization Center - II				
Running Race	100 m			**VII & VIII Under-14**
Shot Put	3 kg & 4 kg			
Running Race	200 m			
Long Jump	...			
Chess	...			
Running Race	400 m			
Badminton	...			

FSSA WEEK 2026-2027				
Monday, 16 November 2026 to Saturday, 28 November 2026				
Event	**Distance/ Weight**	**Date**	**Timing**	**Class**
War Zone				
Running Race	100 m			**IX and X Under-17**
Long Jump	…			
Running Race	200 m			
Chess	…			
Discus Throw	1 kg & 1.5 kg			
Shot Put	3 Kg & 5 kg			
Badminton	-			
Running Race	400 m			
Finals				
Boys & Girls	Relay 4 X 100 m	25-11-2026		**Under 12,14,17**
Team Games				
Basketball Girls & Boys				**Under 14,17**
Hockey - Girls & Boys				**Under 17**
Football - Boys				**Under 12, 14,17**
Football - Girls				**Under 17**
Kabaddi - Girls & Boys				**Under 17**
Tug Of War - Girls & Boys				

Note: Kabaddi Weight:
Under 17 boys: below 65kg.
Under 17 Girls: below 60kg.